

# CHABAD OF THE TRI VALLEY



## *Program Guide*

FALL 5780 / 2019



*Dear Friends,*

*Shana Tova and welcome to the fall season at Chabad!*

*This Sep. - Dec. program guide is filled with stimulating classes and courses, mouth-watering programs, community and holiday celebrations, uplifting lectures, and engaging clubs and education for our youth and teens.*

*At Chabad we welcome and embrace each and every Jewish family no matter your background or affiliation. Join the Tri Valley's vibrant Jewish community and experience the richness, beauty, and joys of Judaism.*

*From our family to yours - Shana Tova. May you be "inscribed and sealed in the book of life" for a joyous, healthy, prosperous, peaceful, and sweet new year!*



*Rabbi Raleigh and Fruma Resnick*

*(and Malka, Yaakov, Shimi, Mendel, Mushka, Riva, Rachmiel & Yosef)*

*Rabbi Josh and Chavie Zebberman*

*(and Moussia)*

## *Chabad Center for Jewish Life*

3370 HOPYARD ROAD, PLEASANTON CA 94588

OFFICE: (925) 846-0700 - EMAIL: [INFO@JEWISHTRIVALLEY.COM](mailto:INFO@JEWISHTRIVALLEY.COM)

VISIT OUR WEBSITE: [WWW.JEWISHTRIVALLEY.COM](http://WWW.JEWISHTRIVALLEY.COM)

*All programs and events are held at the Chabad Center for Jewish Life unless otherwise noted. Register online or call our office.*

*The Lubavitcher Rebbe, whose life and teachings guide our institutions and activities.*



# A Musical Unity Shabbat

FRIDAY, SEPTEMBER 20

Flames of destruction engulfed our building seeking to bring chaos and destruction to our community ...

... Let us join together, kindle the Shabbat flames of peace, prepare for the High Holidays, and celebrate Shabbat in unity.

Live Musical Concert: 6 PM

Candle Lighting & Shabbat Services: 6:45 PM

Buffet Shabbat Dinner, P'chaims & schmoozing: 7:30 PM

No Charge. Shabbat Sponsor: \$180



## *A message to our community:*

*As this program guide goes to print we are still recovering from the aftermath of the fire. When we think about how severe the loss could have been, our hearts are filled with gratitude for G-d's miraculous blessings and protection and our thanks go to the Livermore-Pleasanton fire department for their swift and heroic efforts.*

*We might not yet know the exact cause of the fire, but we do know the fire will not break our resolve. In the wake of the challenge we will redouble our efforts, increase our energy, and be more vibrant than before.*

*Having obtained use permits from the city a few months ago for expansion of our outdoors, preschool development, and security upgrades, we are using the destruction as an impetus to hire architects to create a design and rendering of an upgraded and newly renovated and secured Chabad Center for Jewish Life. We're hoping to have a magnificent design ready to roll out for the High Holidays*

*Thank you again for the incredible outpouring of love and support. What a special community we have!*



PRE-HIGH HOLIDAY

# Challah Bake

FOR WOMEN & GIRLS



**TUESDAY, SEPTEMBER 17 AT 7:30 PM**

*Whether it's your 1st time or your 101st time ...  
join together as one community to bake holiday challah for an evening of  
unity in preparation of the Jewish New Year 5780 - a year of blessing!*

# Yoga for Women

*75 minutes of mind, body,  
and spirit connections for the New Year!*

6 THURSDAYS

BEGINS THURSDAY, SEPTEMBER 12

MORNING CLASS: 9:15 AM / EVENING CLASS: 8 PM

*This Vinyasa Yoga series will build your strength & flexibility and leave you feeling strengthened, energized, and inspired - physically, mentally, and spiritually. By linking breath and movement, you will come away with a good workout woven with a focus on Jewish values: kindness, truth, compassion, and mindfulness. This all-level class is suitable for both beginners and advanced students.*

\$90 for the entire series

## **INSTRUCTOR: DELIA COOPER**

Delia fell in love with yoga 12 years ago after it helped her heal from running injuries. She completed a 500-hour yoga teacher training and is passionate about finding a deeper connection to our own true selves and others through yoga. Delia currently teaches Vinyasa yoga and Inferno Hot Pilates at Joya Yoga. She is excited to be teaching yoga within her own Jewish community of women.



# HIGH HOLIDAY SERVICES

Join us for the elevated new start to the year 5780 – a year of blessing and joy! Our Hebrew / English spirited & melodic services spiced with insights in our warm & welcoming community will make for the perfect fresh start to your year.

Children's programming and youth services. Babysitting available for children 2 & under (registration required). No membership, affiliation, or tickets necessary. Contributions are appreciated and encouraged.

## Rosh Hashanah



### SUNDAY, SEPTEMBER 29

Evening Service: 6:30 PM  
Community Dinner: 7:15 PM

### MONDAY, SEPTEMBER 30

Morning Service: 10 AM  
Shofar Blowing: 11:45 AM  
Buffet Lunch: 1 PM  
Tashlich Service: 2 PM  
Family Shofar Blowing &  
Buffet Dinner: 6 PM

### TUESDAY, OCTOBER 1

Morning Service: 10 AM  
Shofar Blowing: 11:45 AM  
Buffet Lunch: 1 PM  
Family Shofar Blowing &  
Buffet Dinner: 6 PM

## Rosh Hashanah Community Dinner

SUNDAY, SEPTEMBER 29  
AT 7:15 PM

Join us and welcome in the new year with friends and family at our traditional Rosh Hashanah gala buffet dinner. Advance RSVP please.



## Yom Kippur

### TUESDAY, OCTOBER 8

Kol Nidrei Service: 6:15 PM

### WEDNESDAY, OCTOBER 9

Morning Service: 10 AM  
Yizkor Memorial Service: 12 PM  
Neliah Closing Service: 6:15 PM  
Havdallah-Fast Concludes: 7:18 PM

The following hotels are a 15-20 walk from Chabad:  
Courtyard by Marriott, Extended Stay America,  
Four Points by Sheraton, Hyatt House, & Motel 6

## Yom Kippur Break-Fast

WEDNESDAY, OCTOBER 9  
AT 7:30 PM

Join us for a deluxe bagels  
& lox break-fast buffet  
(catered by Izzy's  
Brooklyn Bagels).

\$20 per person



# Sukkot

## Mega Sukkah Community Dinner

**SUNDAY, OCTOBER 13  
AT 7:00 PM**

*Join us for an elegant and delicious  
three-course holiday dinner filled  
with moving stories and spirited songs  
under the stars. Space is limited. Please  
reserve in advance. \$25 per person.*

**SUNDAY, OCTOBER 13**

Evening Service: 6:30 PM  
Community Dinner: 7 PM

**MONDAY, OCTOBER 14**

Morning Service: 10 AM  
Holiday Lunch: 12:30 PM

**TUESDAY, OCTOBER 15**

Morning Service: 10 AM  
Holiday Lunch: 12:30 PM

## Simchat Torah Community Celebration

**MONDAY, OCTOBER 21 AT 7 PM**

**SUNDAY, OCTOBER 20**

Evening Service & Hakafot: 6 PM

**MONDAY, OCTOBER 21**

Morning Service: 10 AM  
Yizkor Memorial Service: 11:30 AM  
Holiday Lunch: 12:30 PM  
Simchat Torah Celebration: 7 PM

**TUESDAY, OCTOBER 22**

Morning Service: 10 AM  
Conclusion of the Entire Torah: 11 AM  
Chassidic Holiday Finale: 6 PM



# SYNAGOGUE SERVICES

## *Kabbalat Shabbat*

### **FRIDAYS AT 6:45 PM**

Join us as we welcome the Shabbat each week with song & prayer and experience the magical onset of Shabbat. Kiddush plus a “Shabbat Power Thought” follow the service at 7:15 PM.



## *Shabbat Morning Service*

### **SERVICE AT 10 AM**

Experience prayer and uplift yourself through a melodic and spirited service infused with meaning and explanation (Hebrew-English prayer books).

### **TORAH READING AT 11 AM**

Follow along as the weekly Torah portion is read aloud while thought-provoking tidbits are sprinkled throughout to engage and connect you to the Torah.

### **SERMON AT 11:45 AM**

Rabbi Resnick's weekly sermon is sure to leave you with food for thought and a powerful take-away to invigorate your week.

### **LUNCH AT 12:30 PM**

Enjoy our kiddush / lunch with Fruma's signature cholent, l'chaim, and great Jewish delicacies.

## *Weekday Minyan*

### **THURSDAYS AT 7 PM**

Immerse yourself in the words of the prayer book to charge your inner batteries before starting your day.

- *Sponsor a Kiddush in honor of a family occasion or in memory of a loved one.*
- *Let us know if you would like kaddish recited on a yahrtzeit or for the passing of a loved one.*
- *Looking to make your Bar / Bat Mitzvah experience a meaningful one? Schedule a meeting with Rabbi Raleigh and Fruma Resnick who will help you tailor-make the perfect service for your family.*



# THE MONTHLY SHABBAT

Join us on the first Shabbat of each month for a special Shabbat experience with a community lunch, a guest speaker, and children's services



## *Shabbat Shuva*

**SATURDAY, OCTOBER 5**

The very first Shabbat of the year; the Shabbat between Rosh Hashanah & Yom Kippur is a time to focus on reconciliation and forgiveness. You'll be transported as Rabbi Resnick discusses the art of releasing resentment and achieving forgiveness.



## *Shabbat with Police Inspector Steve Harris*

**SATURDAY, NOVEMBER 2**

With anti-Semitism on the rise in Europe and shootings at synagogues in Poway and Pittsburgh, what should the Jewish community's approach and response be to ensure safety and security? A veteran of Richmond Police's SWAT Team, a fighter of crime and anti-Semitism, and a respected leader in law enforcement for over three decades, Mr. Steve Harris will offer an inside look and a fascinating perspective.



## *Shabbat with Dr. Edward Moses*

**SATURDAY, DECEMBER 7**

As the Program Director of the National Ignition Facility (NIF), the world's largest laser experimental facility & president of the Giant Magellan Telescope Organization, the biggest optical astronomical observatory, Ed has unique experience in international big science activities. Back by popular demand, don't miss his fascinating take on the new and old scientific frontiers.



# ONGOING CLASSES



## *The Prophets*

**TUESDAYS AT 12 PM**

*Join us on a new journey through the fascinating history of Jewish People in the land of Israel. Rabbi Resnick leads a text-based engaging and lively discussion as the Prophets come to life and guide us through our lives today.*

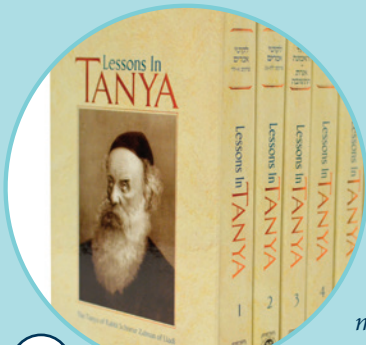
RSVP online at [www.meetup.com](http://www.meetup.com) (“Lunch and Torah Study Group”)



## *Torah Studies*

**THURSDAYS AT 7:30 PM**

*Enjoy the experience of opening a book of the Torah and analyzing its words and sentences. You'll explore new horizons and discover big ideas encapsulated in and expressed through the letters and words of the Torah.*



## *Tanya Club*

**WEDNESDAYS AT 7:30 PM**

*Join Rabbi Josh Zebberman for an incredible journey through “The Tanya” – a practical spiritual guide for everyday Life. This weekly discussion group is centered around a theme and message of this monumental and life-changing work.*

# WORRIER WARRIOR



JEWISH SECRETS  
TO FEELING  
GOOD HOWEVER  
YOU FEEL



A new six-session course by the Rohr Jewish Learning Institute

## 6 TUESDAYS - BEGINS TUESDAY, NOVEMBER 12

Morning Class: 10 AM / Evening Class: 7:30 PM

Join whichever is more convenient. \$99 per person / \$175 couple discount

*Mined from the teachings of Torah and contemporary psychology, this six-week course takes a fresh approach to the battle against bad feelings, providing realistic spiritual mechanisms for remaining upbeat no matter what life brings.*

### Lesson 1: The Authentic You - Nov. 12

Addressing Impostor Syndrome: Explore how positivity is critical. Chart a path to tackling impediments to happier living, and unveil the means of embracing and effectively expressing our innate authenticity.

### Lesson 2: The Gift of the Flaw - Nov. 19

Addressing Shame, Frustration, and Feelings of Inadequacy: Self-disappointment can be debilitating. Discover the intended role of character flaws in the human condition and explore methods to maintain genuine optimism despite their lingering presence.

### Lesson 3: Not Guilty - Nov. 26

Addressing Unhealthy Guilt: Understand the inner workings of guilt and regret. Learn a transformative method of tackling guilt and spinning its paralyzing effect into a catalyst for positive change.

### Lesson 4: The Light in the Tunnel - Dec. 3

Addressing Pain, Anguish, and Anxiety: Reminders that time heals or that G-d knows what is best may not always heal the pain. Explore new methods to create an internal shift that will allow the sun to shine again despite the stark reality of suffering.

### Lesson 5: Satisfaction Guaranteed - Dec. 10

Finding Happiness and Fulfillment: Unearth the inner workings of happiness and examine our instinctive methods of securing satisfaction. Learn how to set a workable goal of inner contentment and fulfillment.

### Lesson 6: Beyond Chemistry - Dec. 17

Remodeling Our Approach to Love and Relationships: Gain a new perspective that empowers and fosters better, lasting, and more genuine relationships, even with individuals with whom we share little in common.





# *The Jewish Women's Circle*

## *Community Pre-High Holiday Challah Bake*

**TUESDAY, SEPTEMBER 17 AT 7:30 PM**

Whether it's your 1st time or your 101st time ... join together as one community to bake holiday challah for an evening of unity in preparation of the Jewish New Year 5780 - a year of blessing!

## *Skincare Secrets*

**TUESDAY, OCTOBER 29 AT 7:30 PM**

An evening with cosmetologist Valery Kulikova. The inside scoop on skincare ingredients, skin concerns, and what it takes to keep you skin beautiful and healthy. Get Judaism's surprising take on the value of superficial beauty.

## *Women's ONLY Friday Night Dinner*

**FRIDAY, NOVEMBER 22**

Jewish women and Shabbat – the two secrets to Jewish survival. Join us for an exclusive and elegant Shabbat evening and dinner for women.

## *Pinot and Paint Pouring*

**WEDNESDAY, DECEMBER 11 AT 7:30 PM**

Enjoy a creative and uplifting evening: Cheese, wine, and try your hand at this popular new art; "Paint Pouring" with artist Lilach Ben Gal (no artistic ability necessary). Plus, join a discussion on how beauty, cheese, and wine took down the Greek Empire.

**SAVE THE DATE**

**15TH ANNUAL**

# *Gala Women's Dinner*

*"Celebrate the Jewish Woman"*

**SUNDAY, APRIL 26 AT 5:30 PM**

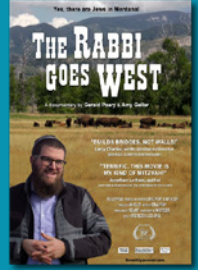
# SATURDAY NIGHTS AT CHABAD

## *The Rabbi Goes West*

SATURDAY, NOVEMBER 9 AT 7 PM

A breathtaking inside look into the complex and fascinating lives of Rabbi Chaim and Chavie Bruk, directors of Chabad of Montana.

The directors of the film, Gerald Peary and Amy Geller, liberal and secular Jews themselves, set out to ask the question of whether or not people from diverse walks of life can engage with an open heart with those who seem their political and religious polar opposites?



Can they overcome the challenges to their Torah-based philosophy, to the gender-specific roles of Jewish life, and to other segments of the Jewish community? Meet the Bruks decide for yourself.

Enjoy a wine bar and delightful Saturday evening buffet.  
Running Time: 75 minutes

\$20 person / \$36 couple / \$180 sponsor



Co-Sponsored by the Contra Costa JCC and  
the East Bay International Film Festival



## *Master Chef Latke Edition + Blind*

### *Scotch Tasting*

SATURDAY, DECEMBER 7 AT 7 PM

A sensational exciting culinary evening! Our community will compete to see who can create the best signature latkes and earn the title of Chabad Master Chef Team. Come with your spouse and friend and compete. Don't miss out on the fun!

Think you know what styles of scotch you like and which you can tell apart from the others? It's not until you've tried a blind tasting that you really get to grips with your senses and personal preferences.

\$20 person / \$36 couple / \$180 sponsor





# Pop-Up Jewish NY Deli

SUNDAY, NOVEMBER 17 AT 4:30 - 7:30 PM

Pre-order online: Nov. 8-15

*Pop-in and enjoy an authentic New York Deli ... right here in the Tri Valley!*

*Full kosher menu includes pastrami and corned beef sandwiches, knishes, matzah ball soup, pickles, salads, and chocolate rugelach.*

*Take-out or dine in with family & friends!*

*All proceeds will go to the Gan Chabad Preschool & Early Childhood Education Fund*





## RIDE THE GOLDEN GATE BRIDGE AND SF BBQ

SUNDAY, SEPTEMBER 15 AT 2:30 PM

Don't miss an exhilarating ride through SF and across the iconic Golden Gate Bridge culminating with a deluxe VIP SF BBQ!



## TEEN SHABBAT DINNER

FRIDAY, DECEMBER 13

An incredible Shabbat dinner you don't want to miss! Four courses of scrumptious home-made Shabbat food, engaging discussions, and great stories.



## CHANUKAH MENORAH CAR PARADE

SUNDAY, DECEMBER 22 AT 5:30 PM

Light up the night and fill the city streets with Jewish pride! Join us in your car with a rooftop electric menorah as we drive with a police escort proudly wishing a "Happy Chanukah" to all. Parade culminates at Chabad with menorah lighting and Chanukah bash!

# CTeen U

Begins Sunday Oct. 27 at 5 PM for students in 10-12 grade

Earn 2 private college credits in High School by taking this accredited course from Yeshiva University right here at Chabad! Each class includes dinner.

## Save the Date!

# CTEEN INTERNATIONAL NEW YORK SHABBATON

FEBRUARY 27- MARCH 1

Join thousands of Jewish teens from around the world for an unforgettable Shabbat experience. Hit the tourist hot spots, visit Jewish attractions, sing and dance in a massive concert in the heart of Times Square, experience Jewish life like never before.



# *Bat Mitzvah Club*

**6TH GRADE GIRLS | SUNDAYS AT 5:30 PM - 7:00 PM**  
Annual Club Membership: \$150

## *Belief in One G-d*

**SUNDAY, SEPTEMBER 15**

Discover the treasure we each have within us, create a beautiful jewelry box and have fun at our delicious waffle and ice cream bar.

## *Do Not Serve Idols*

**SUNDAY, OCTOBER 27**

What is a modern day idol? Putting money, fashion, fame and pop culture into perspective, try your hand at cupcake decorating and enjoy a panini at our open sandwich making bar.

## *Do Not Say G-d's Name in Vain*

**SUNDAY, NOVEMBER 17**

Discuss the power of words, try your hand at the toothpaste challenge and be a volunteer and enjoy the delicacies at our NY Style Deli.

## *Respect our Parents*

**SUNDAY, DECEMBER 15**

What does Judaism have to say about respecting our parents, even in the 21st century? Paint a beautiful canvas at this exciting paint night.

**SAVE THE DATES: JANUARY 8, JANUARY 10, JANUARY 26, MARCH 1,  
MARCH 15, MAY 3, MAY 8**

*Journey through the 10 Commandments and understand*



# Chabad Tween Club

7TH - 8TH GRADE GIRLS | SUNDAYS AT 5:30 PM - 7:00 PM

Annual Club Membership: \$150

## *Belief in One G-d & Do not Worship Idols*

**SUNDAY, SEPTEMBER 22**

What is a modern day idol? Putting money, fashion, fame and pop culture into perspective, just in time for the new year and make your own candied apples and heavenly honey cake.

## *Do Not Say G-d's Name in Vain*

**SUNDAY, NOVEMBER 3**

Discuss the power of words, try your hand at the toothpaste challenge and learn the art of cupcake bouquet making.

## *Shabbat & Respect our Parents*

**SUNDAY, DECEMBER 8**

What does Judaism have to say about respecting our parents, even in the 21st century? Paint a beautiful canvas at this exciting paint night.

**SAVE THE DATES: JANUARY 12, JANUARY 19, FEBRUARY 9,  
FEBRUARY 23, MARCH 22, MAY 10**



*how these ancient commandments are so relevant for you.*



# THE REYZELMAN FAMILY CHABAD HEBREW SCHOOL

*Where Judaism comes alive!*

*Imagine a Hebrew School where children don't want to miss a day. Walking through the classrooms you'll hear sounds of lively discussion, singing, laughter, and prayer. Imagine a child who feels the warmth and spirit of Judaism. Imagine the pride of his/her parents. Imagine the Chabad Hebrew School.*

**BOYS & GIRLS 4-13 | SUNDAYS AT 9:45 AM - 12:15 PM**  
**Begins Sunday, September 8**



## **Rosh Hashanah Farmer's Market Sunday, September 22, during school**

Prepare for the New Year with card crafting, artisanal challah baking, apple mocktials, carrot cake pops, and lots more...



## **Snack 'n Sukkah & Artfest Sunday, October 20**

Race to complete all the Sukkot mitzvahs in our first-ever color hop with foam paint and graffiti!



## **Family Shabbat Dinner - Israeli Style Friday, November 14 at 6 PM**

Join your children for an energetic schnitzel and falafel filled Israeli Shabbat dinner. Glean nachas from their accomplishments



## **Chanukah Minute to Win It Sunday, December 22, during school**



## **Glow in the Dark Havdallah & Drum Circle Saturday, January 11 at 6:30 PM**

Make your pizzas & paninis and escort out the Shabbat with a musical glow-in-the-dark havdallah and drum circle.

# Chanukah

## IN THE TRI-VALLEY

### *Chanukah Menorah Car Parade*

SUNDAY, DECEMBER 22 AT 5:30-7:00 PM

Light up the night and fill the city streets with Jewish pride! Join us in your car with a rooftop electric menorah as we drive with a police escort proudly wishing a "Happy Chanukah" to all. Parade culminates at Chabad with menorah lighting and Chanukah Bash! No charge. RSVP required.

### *Chanukah Wonderland*

MONDAY, DECEMBER 23 AT 5:30-7:00 PM

STONERIDGE SHOPPING CENTER'S GRAND COURT

Celebrate the "Festival of Lights" with live music, a holiday game & craft centers, balloon entertainment, Chanukah photo-ops & face painting concluding with the kindling of a 9-foot menorah. Open to the public.

### *Chanukah on Ice*

THURSDAY, DECEMBER 26 AT 5:30 - 7:00 PM

Skate to Jewish and Chanukah music, "Fire on Ice" menorah lighting on the rink, kosher dinner concession stands + latkes & doughnuts.

### *Chanukah Under the Stars*

SATURDAY, DEC 28 AT 7:30-8:30 PM

DOWNTOWN LIVERMORE,  
BANKHEAD THEATER

Light up Livermore's Menorah, enjoy hot latkes & Chanukah doughnuts with musical entertainment, city dignitaries, and glow in the dark fun. Open to the public.



Be a Chanukah sponsor and help spread the light! \$180 Sponsor

CHABAD CENTER FOR JEWISH LIFE  
3370 HOPYARD ROAD  
PLEASANTON, CA 94588

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# *The NEW Chabad Center for Jewish Life... Be a Part of It!*

J\_daism is not the same  
without “U”.

For that matter, neither is our  
Comm\_nity.

*Join us in building a center that will change  
the landscape of Jewish life in the Tri  
Valley: Early Childhood Education Center,  
Community / Event Hall, Kosher Catering  
Facility, Teen Lounge, Library, Synagogue,  
Hebrew School, Holocaust Memorial Center,  
Judaica Shop, Mikvah, and more...*